

# 5 Ways to Immerse Yourself in English at Home

By EnglishExam.eu Team | 2/11/2026

*Create an English immersion environment at home! 5 practical tips to improve your skills using Netflix, phone settings, podcasts, and more.*

You don't need to live in London or New York to become fluent. You can build an immersion environment right in your bedroom. Here are 5 ways to surround yourself with English daily.

## 1. THE NETFLIX EFFECT

Watch series and movies in English.

Beginner/Intermediate: Watch with English subtitles. Read along.

Advanced: Turn the subtitles off. This forces your brain to listen harder and rely on visual cues.

## 2. CHANGE YOUR DIGITAL WORLD

Change the language settings on your phone, your computer, and your social media accounts to English. You use these devices all day; learning the vocabulary for "Settings", "Privacy", "Download", and "Notifications" will happen automatically.

## 3. PODCASTS ON THE GO

Turn your commute into a classroom. Listen to podcasts while walking the dog, doing dishes, or driving. "6 Minute English" by BBC is great for quick bursts, while "The Daily" (NYT) is good for advanced news.

## 4. GRADED READERS

Reading native novels can be frustrating if you have to check the dictionary every sentence. Use Graded Readers—books rewritten

for specific levels (A2, B1, B2). You can enjoy the story (Sherlock Holmes, Dracula, simplified thrillers) without the struggle.

## 5. SPEAK TO YOURSELF

It sounds crazy, but it works. Narrate your day. "I am making coffee now. Where is the spoon?" This helps you realize which simple vocabulary you are missing. If you don't know the word for "spoon", look it up immediately.

